

Young People's (13 to 15) Freelance Counsellor

Person Specification	
Qualifications & Professional Membership	A post-graduate diploma in counselling or psychotherapy.
	Formal training or experience in working with young people aged 13 to 15.
	Registration with a professional counselling body e.g. BACP, UKCP, NCS
Experience	A minimum of 2 years' experience of delivering 1-1 counselling sessions.
	Experience of working with young people within a time-limited approach.
	Experience of delivering telephone and/or video call counselling sessions.
	Experience of working with and managing client risk.
Knowledge and Understanding	Knowledge of young people's mental health issues, services, treatment options and referral pathways.
	Knowledge of the needs of young people, adolescent development and transitional issues.
	Knowledge and understanding of safeguarding young people.
Skills	Strong interpersonal skills, and able to develop and maintain effective and credible relationships with young people.
	Ability to maintain clear boundaries with users of the service.
	Excellent communication skills – written and verbal.
	Good level of IT competency.
	A commitment to working within a person-centred approach.



	Non-judgemental approach to people and a commitment to Equal Opportunities and non-oppressive practice.
	Sensitivity to and genuine understanding of issues face by people who are vulnerable and in mental distress.
	Shows clear commitment to the values of both York Mind and the voluntary sector.