

York Mind Board of Trustees

About the role

Are you ready to help set York Mind's future direction? Are you looking for an opportunity to make a real difference to the people that we serve? Our trustees make sure we're fully focused on the biggest challenges to mental health. Right now we're seeking trustees to join our board from November 2021

Our trustees set the strategic direction for York Mind and ensure we're having the greatest impact possible on the communities in our great city and surrounding areas. They make sure that we don't give up until everyone experiencing a mental health problem gets both the support and respect they deserve.

Our Board benefits from having a wide range of trustees – each with their own expertise and skills sets. We welcome applications from everyone, but we have identified that our current Board has particular gaps in the following areas:

- People from a minoritised ethnic background
- People who have lived experience of poverty, and people who have supported others living in poverty

Does this sound like what you're looking for? If so, please keep reading!

DON'T WORRY IF YOU THINK YOU DON'T MEET ALL OF THE CRITERIA. IF YOU ARE INTERESTED IN HELPING A CHARITY THAT SUPPORTS PEOPLE WITH MENTAL HEALTH CHALLENGES WE WANT TO HEAR FROM YOU!!!

Key Responsibilities

Our Board is made up of up to twelve trustees. Trustees will:

- Think creatively
- Set our overall strategy
- Look in detail at our progress
- Communicate clearly and sensitively as part of a group
- Be committed to fighting for mental health

Don't worry about having all the right experience for these responsibilities – they are for the Board as a whole. We wouldn't expect one person to be able to do everything, which is why we look for a diverse range of people and skills. Decisions are taken as a group with support given to all trustees by York Mind.

The link below will take you to the trustee page on our website so that you can find out more about our current trustees

<https://www.yorkmind.org.uk/about-us/our-trustees/>

What you will get from us

We want you to get the most out of your time as a trustee. We will give you:

- Induction and training
- Opportunities to develop new skills
- An opportunity to make an impact in the way we fight for mental health Information about the application process
- The chance to feel part of a team that are making a difference

Applications are open from now until January 2022. To make sure that candidates have the skills and qualities required, members of the Board Nominations and Development Committee will sift applications. Members of this committee will want to interview you (face to face, on the phone or on Zoom) , at a convenient time. Candidates who meet the requirements will be put forward for election and will be selected by the Board. We hope that those selected will attend their first Board meeting in by January 2022 if not sooner.

Person specification

Essential criteria

As part of your application, you need to demonstrate that you meet the following criteria:

- An understanding and commitment to Mind's vision, mission and values
- Knowledge and/or interest in mental health issues.
- Ability to champion inclusion.
- Ability to work effectively in a group and take part in discussions.
- Ability to manage difficult and/or challenging situations.
- Ability to challenge constructively and ask questions appropriately.
- Ability to analyse information.

Please note you also need to be aged 18 or above by the date of your first meeting to be eligible to be a trustee.

Desirable criteria

In line with our current priorities we are particularly interested in candidates who have experience in:

Finance, Supporting disadvantaged communities, Supporting and engaging young people and challenging racism at all levels.

Expectations of the role

- Attending ten York Mind Board meetings per year
- Dedicating time to preparing for each meeting by reading the papers provided.
- Willingness to commit to a minimum of three years in the role (each trustee is elected for a term of three years and may serve a maximum of three terms in total).
- Communicate effectively, ensuring their messages are understood and that they strive to understand others.
- Value diversity and treat others with respect, showing sensitivity towards differences, promoting and encouraging diversity, and building on people's different skills and talents to enhance the quality of their own and other's work.
- Take responsibility for their decisions.
- Maintain an appropriate level of confidentiality at all times.

For more information or an informal chat, please contact David Ellis (Chair of Trustees) on dbellis1867@gmail.com.